



Associates for Counseling Services (ACS), Inc. offers community-based counseling and educational consulting services that are specially designed to optimize the developmental potential of children, adolescents, and adults. In order to provide our clients with the most effective treatments available, we employ a holistic approach and collaborate with other health practitioners, community resources, school personnel, and family members.

ACS's counseling services include both individual and group counseling for depression, anxiety, parenting, work and life transitions, learning and behavioral concerns, divorce, stress and chronic illness, relationships issues, anger and conflict resolution, trauma and abuse survivors, and grief and loss. We also offer support groups for young professionals, adolescents and children and periodic support groups for issues relating to life transitions, emotional balance, balanced mind/body/spirit connections, and managing stress and relationships.

Our Academic Coaching and Educational Consulting services were developed to assist two demographics: adolescents, as they navigate the sometimes difficult transition to adulthood, and children with special needs, as they learn to adapt to mainstream school settings.

We are excited that our year old Brambleton office has so quickly become a part of the community. It has allowed us to better serve clients in Loudoun County, including Leesburg, South Riding, Stone Ridge/Aldie, and Ashburn. Our original Chantilly office continues to serve Fairfax County.